

ATTENTION: ALL CHIPPEWA POWWOW FOOD VENDORS



Deshkan Ziibiing

Chippewas of the Thames First Nation Health Centre

WANT UP TO \$100 OFF YOUR FOOD VENDORS FEE?

Find out how ...

NUTRITION SUBSIDY

COTTEN Community Nutrition Services is offering a subsidy for all food vendors who choose to sell fruit and vegetable options at their booths. The subsidy will provide up to \$100 off the food vendor fee (\$50 if a qualifying vegetable is being served and \$50 if a qualifying fruit is being served.)

WHO QUALIFIES?

1. Must be a food vendor set-up at the Chippewa Powwow
2. Must be selling a food or dish comprised of qualifying foods
3. Qualifying foods/dishes must be visible on the food vendors menu
4. The menu item must be stocked enough to last at least 50 orders



FOR MORE INFORMATION
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QUALIFYING FRUIT

- Any whole fruit (ex. banana, apple, orange)
- Fruit cups (fresh or served in 100% fruit juice)
- Fruit kabobs
- Real fruit smoothies (little to no sugar added)
- Unsweetened apple or fruit sauce packets or cups
- Dried fruit in a salad or low-sugar trail mix
- Strawberry drink made with minimal sap water or maple syrup



QUALIFYING VEGETABLES

- Any leafy green salad
- Raw veggies (ex. carrot/celery sticks)
- Cooked vegetables (sautéed, grilled, baked, boiled)
- Corn on the cob
- Baked potatoes
- Coleslaw
- Vegetable smoothies



DOES NOT QUALIFY

fruit juice or fruit drink, fruit gummies/snacks, vegetable toppings (ex. on burgers or tacos), Strawberry drink made with granular sugar, deep-fried vegetables, fruit-covered in candy or chocolate, fries.

*The community dietitian will make the final call on foods and dishes that qualify based on their cultural significance and fat, sugar, and salt content.

*Let the vendors fee collector know if you qualify at time of payment and sign the nutrition subsidy form